

THE AMERICAN RED CROSS IN PEACE TIME

Disease Prevention



Through its Health Service the American Red Cross has begun a nationwide concentrated effort in co-operation with established organizations to reduce greatly the amount of preventable disease and physical defects found among the country's 106,000,000 population. Education is its most powerful tool. Special attention is devoted to children, and this picture shows a typical Red Cross welfare clinic where little ones are treated and mothers instructed in the proper care of them.

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Eastern Europe



Americans who contribute to the Red Cross would feel amply repaid for their generosity if they could see what it means to hundreds of thousands of war weary sufferers in the Balkans. Here is a widowed Roumanian mother with her five children just after a visit to a Red Cross relief station. All are barefoot and the boy at the left is wearing clothes made of scraps from the battlefield. They have just received winter clothing, food and condensed milk for the baby. Similar work is being done for Russian refugees driven from home.

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Health Promotion



Health is at the foundation of human happiness. Through its Rural Service, Public Health Nursing Service and Health Center Service, the American Red Cross aims greatly to strengthen this foundation and to draw more closely than ever the neighborly ties that bind the American people together. Here is shown a Red Cross Public Health nurse attending a young mother with a brand new baby, seeing that both receive scientific care.

THE "OLD RELIABLE" THEDFORD'S BLACK-DRAUGHT

White Haired Alabama Lady Says She Has Seen Medicines Come and Go But The "Old Reliable" Thedford's Black-Draught Came and Stayed.

Dutton, Ala.—In recommending Thedford's Black-Draught to her friends and neighbors here, Mrs. T. F. Parks, a well-known Jackson County lady, said: "I am getting up in years; my head is pretty white. I have seen medicines and remedies come and go but the old reliable came and stayed. I am talking of Black-Draught, a liver medicine we have used for years—one that can be depended upon and one that will do the work. "Black-Draught will relieve indigestion and constipation if taken right, and I know for I tried it. It is the best thing I have ever found for the full, uncomfortable feeling after meals. Sour stomach and sick headache can be relieved by taking Black-Draught. It aids digestion, assists the liver in throwing off impurities. I am glad to recommend Black-Draught, and do, to my friends and neighbors." Thedford's Black-Draught is a standard household remedy with a record of over seventy years of successful use. Every one occasionally needs something to help cleanse the system of impurities. Try Black-Draught. Insist upon Thedford's, the genuine. At all druggists.

2.35 will get The Recorder and The Thrice-a-week World a whole year. Let us have your order. No better combination for presidential year. If you are going away for the summer have the Recorder set to your address.

ENTITLED TO HIS PENSION

Intelligent Dog Well Earned the Gratitude of His Master—Action Saved Child's Life.

Teddy, age twenty-two, is, his owner declares, the oldest dog in Ohio. He is now resting on his laurels, for he recently saved the life of one of the children of his master, Onias O. Swander, a farmer, near Toledo, Ohio. It has been Teddy's duty and joy to accompany the Swander children to school, a mile distant, and bring them home again, daily. He has never been late on the job. On the way home from school recently, one of the little Swanders became ill suddenly and fell by the roadside. Teddy immediately started at his fastest pace for home and made such a fuss that members of the family accompanied him back along the road.

They found the child, unconscious, and extremely cold. He was hurried home and restored to health. The Swanders believe that Teddy's prompt action saved the child's life.

Mr. Swander immediately bought a dog license for his faithful dog. "I'll have no dog catcher chasing him. If anything should happen to that dog, my family would grieve as much as if he were one of them," declared Mr. Swander.

Teddy is half coyote and half Indian dog. He was bought from a band of Comanche Indians in Oklahoma 16 years ago.—Charles A. Henderson, in Our Dumb Animals.

COMFORT IN AIRPLANE CABIN

Great Contrast in Flights in Inclosed and Open Machines; as Described by Passenger.

I recently had the opportunity of making two airplane flights in the same day, the first in one of the completely inclosed transport machines, the second in a fighting machine which was developed in America during the last few months of the war and which has a speed of about 135 miles an hour. The force exerted by the air against my exposed surface is about three times as great at this speed as it is at 80 miles an hour.

During the first of these two trips the only complaint that could have been raised against conditions in the pilot's compartment would have been that it was rather close and we finally had to open a window in the side of the body to secure a little ventilation. One of the occupants of the cabin was wearing a soft felt hat, and not the slightest rustle of air disturbed the brim.

In the second flight, on the other hand, it was only with difficulty that I could lift my head far enough out of the gunner's cockpit to look over the side at the ground. The instant my head was raised above the top line of the airplane body, so that the wind got a chance at it, my hair threatened to be torn out by the roots.—Edward P. Warner in Yale Review.

Chorus Girl Worked as Housemaid.
A Parisian housekeeper who had long been without a servant succeeded the other day in engaging one who seemed very promising indeed. She entered upon her duties in the morning, and worked to her mistress' complete satisfaction. An early dinner was cooked and served excellently, but at 8:30 the new maid appeared in the drawing room with her hat on, and explained that she had to go out, as she was in the chorus at a music hall and was sure to be fined if she arrived late. Apparently she was quite prepared to continue her two jobs without regard to them as incongruous. Owing to a lack of modernity in the mistress' ideas, this interesting experiment was not continued.—From the Continental Edition of the London Mail.

Cures Wrought by "Sleep-Baths."
Among the many wonderful cures which the war has produced is the "sleep-bath."

It is to be had on the thousand-acre estate at Enham, Hampshire, where many of the disabled men are being treated. Practically every kind of bath is available there, but the big "sedative bath" has worked the most miracles.

"The patients lie in hammocks, while water flows over them. The hammocks are immersed, and the water is kept about the temperature of the body. The gentle flowing motion has a most soothing effect upon the nerves.

Provided the man has not been pronounced incurable, any disabled ex-soldier may apply for treatment through his local pension committee.

Human Fly Says It's Safe.

Polley, the human fly, who climbed the 37 stories of the Woolworth building in New York, says climbing tall buildings is just a trick of balance. It took him nine years to acquire it, but now that he has it he believes his way of making a living is as safe as any other. He recently told a reporter for Capper's Weekly he had never fallen, except on one occasion when a "fly" above him fell and knocked Polley to the ground. Polley doesn't smoke, drink or indulge in any habits that might injure his health. He declares he takes no foolish chances and that he never becomes dizzy.

Broke.

"Hi, there, sir!" shouted a Florida landlord to a departing guest who was rushing for the train. "You've dropped your pocket book." "All right," shouted back the guest without stopping. "I've no further use for it."—Boston Transcript.

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BLANKINSHIP BROS

Five Minute Chats on Our Presidents

By JAMES MORGAN

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A MAN AFOOT

1797-1801—Vice president.
1801—Inaugurated third president, aged 57.
1803—Purchased Louisiana.
1807—Enforced Embargo act.
1809—Retired to Monticello.
1826—July 4, died, aged 83.

THE furious storm aroused by the combat between Thomas Jefferson and Alexander Hamilton, the greatest gladiators to face each other in the arena of American politics, makes our recent campaigns seem like sunshowers. Hamiltonians scorned to eat and drink, and sometimes even to pray, with the Jeffersonians. To give a daughter in marriage with one of them was almost abhorred as miscegenation.

Nothing else so stirs the angry passions as a conflict of classes or of sections. This was both doubly bitter. An almost solid South united with the Northern masses in a common dread of a strong government and in a common hostility to the old ruling caste in the middle states and New England. The new parties called themselves Federalists and Republicans.

In the first battle, when those parties fought for the chair of Washington in 1796, the result was so close that Jefferson came within two elec-



Thomas Jefferson.

toral votes of winning the presidency against Adams. In the second battle, which was waged in 1800, he beat Adams.

Contrary to the familiar story of his hitching his horse to the capitol fence, Jefferson walked to his inauguration and afterward walked back to his boarding house, which was only a few hundred yards away. This man afoot, dreamer and theorist, quietly ushered in that day a more lasting revolution than a man on horseback could have wrought with a sword and whiff of grapeshot.

Believing that revolutions should begin at home Jefferson revolutionized the White House by casting aside the ceremonials which had been adopted in a feeble imitation of kingly courts. Opening the doors to all, without regard to social classifications and without order of precedence, his rule was "first come, first served." Determined that the president, as he said, should cease to be a personage, he stopped the custom of celebrating a president's birthday, never made a public tour did his own marketing and went and came like any other citizen. Although no successor has thrown a British minister into a fit of indignation by receiving him in slippers, Jeffersonian simplicity rather more than Washingtonian courtliness remains the standard of presidential conduct.

It was the strange fortune of this most thoroughgoing pacifist to find himself at the helm in the midst of a world at war. When the globe was bristling with bayonets until it looked like a porcupine, he calmly announced that peace was his passion, and started out by cutting down his little army one-half and by talking of hauling up his seven warships. His only interest in the Napoleonic struggle was to keep out of it.

Nevertheless while the military powers were fighting over little islands and provinces and drenching Europe with their blood, this most un military president, without firing a shot, gathered in far richer spoils than the victors in twenty-five years of warfare divided among themselves at the congress of Vienna. As Jefferson's election was a bloodless revolution, his purchase of the immense empire of Louisiana, which doubled the territory of the United States, was a bloodless conquest, the greatest peaceable annexation the world ever saw. Having made it, the flag was no more than hoisted on the farther bank of the Mississippi than he dispatched Lewis and Clark and Captain Pike boldly to spy out the unexplored rivers and mountains of the new soil, so honestly won, and from which so many free states were to spring.

Jefferson is the only president who remained the leader of his party after leaving the White House. Indeed, the Democrats never have ceased to swear allegiance to his spirit.

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PINE STUMPS WORTH MONEY

Those Left in Cut-Over Lands Are in Demand—Yield Many Valuable Products.

Increased demand for naval stores and a slight falling off in the supply have together called attention to the value of the stumps left in the fields in cut-over lands of the south. A Washington letter of July 6 told of the result of investigation by Clement S. Ucker, vice-president of the southern settlement and development organization, in the South Atlantic states, from which he learned that the stumps left in the fields do not die with the cutting down of the tree, but, on the contrary, continue to draw from the soil sap rich with the elements of naval stores.

From these old stumps may be distilled some twenty or twenty-five different by-products, including rosin, turpentine, pine and other oils, acetate, tar, pitch, alcohol and others. By one process rosin and paper pulp may be procured. Other processes leave a residue of valuable charcoal. It seems that the destruction by fire of these stumps in the clearing up of the land is uneconomical. They can be sold for enough to pay for the clearing and leave a surplus, so that we may yet see manufacturers of naval stores bargaining with the owners of cut-over land for the stumps upon it and extracting them themselves.

GIVE COLOR TO LANDSCAPE

Though the Daisies Grow Like Weeds, They Have a Beauty Too Little Appreciated.

They lift their heads to heaven, seeking to mingle with the stars—millions of them, scattered in wild profusion over meadow and pasture land. Men walk on them, tramp them down; but they rise again, serene, confident, searching the light which gives them life.

Daisies! Our fields are full of them. From afar their white heads give color to the landscape. Their yellow-centered blossoms, blown by the wind, wave obedience to the day and, by their graceful beckoning, invite us to take them home.

Daisies! Our empty vases call for them; our umbrella stands, our gardeners, yearn for their beautiful blossoms. And they are so near to us, so easy to get, that it seems a pity to waste their beauty in an unfrequented field.

Get them for the house, for the office, to wear. Even though like weeds they grow, God's love shines the corner they fill.—Toledo Blade.

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